RHYTHMIC GYMNASTICS INTENSIVE WORKSHOP

in EICH, LUXEMBOURG

• EVENT	ORGANISED BY the club "and Be You" During the RG workshop, we will work with various apparatus, focus on stretching, and enjoy plenty of fun and creative games.
• DATE	22.& 23.02.2025.
• PLACE	3 Auguste Laval, Eich, Luxembourg
• ORGANIZER	"and Be You" together with the guest RG coaches from LUXEMBOURG & FRANCE
• HALL	

HALL
 A PARKING JUST
 IN FRONT OF HALL











• PROGRAM	PROGRAM 22 & 23.02.2025. APPARATUS TECHNIQUE (ROPE, HOPE, BALL, CLUBS, RIBBON) ✓ 22nd February - 12:00-14:00 ages 5 - 8 years ✓ 22nd February - 14:00-14:30 GAMES, ages 5 - 8 years
	 ✓ 22nd February - 14:30-15:00 GAMES, ages 9 -16 years ✓ 22nd February - 15:00-17:00 ages 9 - 16 years ✓ 23rd February - 12:00-14:00 ages 5 - 8 years ✓ 23rd February - 14:00-16:00 ages 9 - 16 years ✓ 23rd February - 16:00-16:30 GAMES, all ages
• TARIFS	20 € - DAY PARTICIPATION
• REGISTRATION	REGISTRATION has to be done till 12.02.2025. to info@andbeyou.lu
• PAYMENT	Bénéficiaire: AND BE YOU - GYM Compte: LU66 0019 7255 1202 5000 Bank: Banque et Caisse d'Epargne de l'Etat Bank address: Luxembourg SWIFT: BCEELULL Description: full name of the gymnast & RG Creative Feb 2025
• INVENTORY	ALL INVENTORY FOR GYMNASTS WILL PROVIDED: ALL THE APPARATUS: ROPE, HOOP, BALL, CLUBS, RIBBON), BAND FOR STRETCHING, YOGA BLOCK, TENNIS BALL etc.
• GIFTS	EACH GYMNAST WIILL RECEIVE HER OWN DIPLOMA FOR THE PARTICIPATION